

MOUNT CARMEL CENTRAL SCHOOL

“CARMEL UNVEILS”

EVERY MONTH: A NEW STORY

SEPTEMBER-2026

TEACHERS DAY -2026

“A teacher takes a hand, opens a mind, and touches a heart.”

Teachers' Day was celebrated with great joy and enthusiasm on 5th September in our school. The celebration began with a graceful march of all the teachers, led by our Principal, Sr. Francina, and Correspondent, Sr. Petronilla.

The programme commenced with a solemn prayer, followed by an invocation song and the ceremonial lighting of the lamp by the Principal, Correspondent, teacher representative, and student representatives.

The cultural programme added colour and vibrancy to the celebration. The Kindergarten students delighted everyone with a cheerful dance, followed by a lively performance by the primary students. The School Captain then delivered a thoughtful speech highlighting the significant role of teachers in shaping the lives of students.

The students of Grades 6 and 7 presented an inspiring skit, followed by an energetic dance performance by the students of Grades 8 to 10. The celebration continued with a melodious song dedicated to all the teachers by the high school students.

The programme concluded with the distribution of gifts to the Sisters and teachers as a token of love, gratitude, and appreciation for their unwavering dedication and service.

The celebration was a beautiful expression of gratitude towards our teachers, whose guidance, wisdom, and care continue to inspire and shape young minds.



IMPORTANCE OF BALANCED DIET- AWARENESS

The Department of Nutrition, Mount Carmel University, conducted an insightful Nutrition Awareness Programme for the students of Grades 3 and 4, and a few activities for Kindergarten students was also organized encouraging them to make healthy choices and understand the importance of good nutrition.

The interactive session introduced the young learners to the various essential nutrients and their role in keeping the body healthy, active, and strong. Through an engaging presentation, the students learnt how a balanced diet provides the body with the nourishment it needs for proper growth, energy, and overall well-being.

The programme was an enriching experience for the students, helping them realise that healthy eating habits are the foundation of a healthy life. The session concluded with the students carrying home valuable lessons about making nutritious food choices and caring for their health.

FOUNDRESS DEATH ANNIVERSARY

The 124th death anniversary of our revered Foundress, Mother Teresa of St. Rose of Lima, was commemorated with devotion and reverence on September 15th on the school campus.

The occasion was graced by Sr. Fridoline, Local Manager, Mount Carmel Institutions, and Sr. Pavithra, Legal Advisor, as the distinguished guests. The programme began with a solemn prayer and a graceful invocation dance, setting a prayerful tone for the day.

Sr. Fridoline honoured the portrait of our beloved Foundress by offering a floral wreath, accompanied by the school band. This was followed by the teachers offering flowers as a heartfelt tribute to the visionary woman whose life continues to inspire generations.

A beautiful skit portraying the life of Mother Teresa of St. Rose of Lima was the highlight of the celebration. Beginning with her early years and tracing her journey of unwavering faith and dedication to God, the presentation brought alive the virtues and values that shaped her remarkable life. A graceful dance tribute further expressed the students' love, respect, and admiration for our Foundress.

Addressing the students, Sr. Fridoline encouraged them to uphold the spirit of the Carmelite family by imbibing the virtues exemplified by Mother Teresa of St. Rose of Lima and allowing these values to guide their lives.

The celebration concluded with a heartfelt Vote of Thanks, bringing to a close a meaningful tribute to our beloved Foundress, whose legacy of faith, love, and service continues to illuminate the path of the Carmel family.



HINDI DIWAS

Hindi Diwas was celebrated with great enthusiasm at the school, highlighting the richness and significance of the Hindi language in our diverse nation.

The celebration commenced with a meaningful prayer service conducted in Hindi, setting a vibrant and reverent tone for the programme. This was followed by an engaging skit that beautifully portrayed the importance of the Hindi language and its role in bringing people together.

Adding colour and entertainment to the celebration was a creative skit depicting an imaginary interview with renowned singer Shreya Ghoshal. The performance showcased the students' confidence, creativity, and appreciation for the Hindi language. The programme continued with a lively dance performance by the High School students, which captivated the audience.

Addressing the gathering, Principal Sr. Francina spoke about the importance of learning and appreciating Hindi, particularly as one of the widely spoken languages of India. She encouraged the students to embrace the language and recognise its cultural and linguistic significance.

The celebration concluded with a Vote of Thanks, expressing gratitude to everyone who contributed to making the Hindi Diwas celebration a meaningful and memorable occasion.

